

Seme, Tame, Sen

The Decisive Moment – Seme, Tame und Sen in
Kendō

mit Thorsten Mesenholl, Renshi 7. Dan,
und Thomas Lieb, 5. Dan



Organizer and Host: Daigaku Kendo Dojo Wuppertal e.V.

Date: Saturday, October 24, 2026

Location: **SC Nippon Wuppertal e.V.**
Haus 9, Büropark Dornap
Dornaper Str. 16-18
42327 Wuppertal



Schedule:

Saturday	9:00 a.m. Dojo opens
	9:30 a.m. Training
	12:30 p.m. Break
	2:00 p.m. to 5:30 p.m. Training and Ji-Geiko

Sensei: Thorsten Mesenholl, Renshi 7. Dan
Thomas Lieb, 5. Dan, assistance

This course is open to both those who wear armor and those who do not.

A bokuto is required for this course!

Registration: With the following information:

last name, first name

grading

by e-mail to anmeldung@kendowuppertal.de

Registration until: **October 11, 2026**

Catering: The organizer will provide water.

Participation fee:

A participation fee of **25.00 EUR** will be charged per participant. Please pay **the total amount per participant** to the organizer **by October 11, 2026**, stating the reference **Seme Tame Sen LG 2026, last name** to the account at

Stadtsparkasse Wuppertal

Daigaku Kendo Dojo Wuppertal e.V.

IBAN: DE55 3305 0000 0000 1454 66

BIC: WUPSDE33XXX

Hygiene concept:

The current regulations of the Stadtsportbund of the city Wuppertal e.V. (City Sports Association of the city Wuppertal) and the current Corona Protection regulations of the State North Rhine-Westphalia apply to the organisation of the event. <https://www.stadtsportbund-wuppertal.de/>; <https://www.land.nrw/corona>

To the extent permitted by law, the organizer and host accept no liability whatsoever.

By participating in this event, each participant agrees that photos and video recordings of him/her may be published in all media, including the internet.